



# RED TENT THERAPY GROUP

## SUMMER SESSION

### REGISTER BY EMAILING DR ACCORTT

This therapy group is named after the novel by Anita Diamant, which describes the traditions and turmoil of our Matriarchs – the world of the red tent. In the red tent, support and wisdom sustains women through difficult times. This community is harder to experience in modern life. Demands and juggling multiple responsibilities too often leave women socially isolated and worn out, placing them at risk for physical and emotional illnesses.

This group encourages interactive discussion and assigns cognitive behavioral "homework." It takes place from 11:30 AM - 1 PM on 4 consecutive Fridays – July 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> and August 2<sup>nd</sup>.

Email Dr. Accortt with questions or to register at [draccortt@gmail.com](mailto:draccortt@gmail.com)



## RED TENT THERAPY GROUP

**Fridays 11:30 am – 1 pm**

**July: 12, 19, 26 & Aug 2**

Please Register by  
June 28<sup>th</sup>, 2019

The fee for all 4  
sessions including  
materials is \$250

Light refreshments  
will be provided

## PERINATAL MENTAL HEALTH CARE

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