



RED TENT THERAPY GROUP

THREE SPRING SESSIONS

REGISTER BY EMAILING DR ACCORTT

This therapy group is named after the novel by Anita Diamant, which describes the traditions and turmoil of our Matriarchs – the world of the red tent. In the red tent, support and wisdom sustains women through difficult times. This community is harder to experience in modern life. Demands and juggling multiple responsibilities too often leave women socially isolated and worn out, placing them at risk for physical and emotional illnesses.

This group encourages interactive discussion and assigns cognitive behavioral "homework." It takes place from 4:30- 5:30 PM on 3 consecutive Thursdays – May 2nd, 9th and 16th.

Email Dr. Accortt with questions or to register at draccortt@gmail.com



RED TENT THERAPY GROUP

Thursdays 4:30 – 5:30 pm

May: 2nd, 9th and 16th

Please Register by
April 28th, 2019

The fee for all 3
sessions including
materials is \$150

Light refreshments
will be provided

PERINATAL MENTAL HEALTH CARE

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