

Exploring the Crossroads Between Obstetrics & Mental Health in Perinatal Care

Presented by:

Eynav Accortt, Ph.D.

Director, Reproductive Psychology Program

Assistant Professor & Clinical Psychologist, Cedars-Sinai Medical Center

Date:

~ Tuesday, March 29, 2022 ~

12:00 p.m. – 1:00 p.m.

Via eeds/Zoom: https://www.eeds.com/sign_in.aspx?Sign_in_Code=33reed

Learning Objectives:

At the conclusion of this activity, learners should be better able to:

- Explore the risks of untreated mental illness in pregnancy, including the association between Perinatal Mood and Anxiety Disorders (PMAD) and adverse perinatal outcomes including preterm delivery, low birth weight, and preeclampsia.
- Describe proper PMAD screening, education and referral to treatment.
- Discuss options for psychotropic medications in pregnancy as well as the barriers to treatment from the perspective of both the patient and the Obstetrician.
- Briefly describe recent research findings.

The activity content is geared primarily toward Primary Care Physicians, Hospitalists, and OB/GYN Physicians. The educational format for this activity will be lecture with Q&A. This activity will encompass the following Desirable Physician Attributes: Medical Knowledge and Patient-Centered Care.

Disclosures

Dr. Accortt has no relevant financial relationships with ineligible to disclose. All planners, staff, and others involved with this activity have reported no relevant financial relationships with ineligible companies whose primary business is producing, marketing, selling, or distributing healthcare products used by or on patients.

Credit Designation

- Community Memorial Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Community Memorial Hospital designates this program for a maximum of 1.0 of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.
- Non-Physician Attendance: A certificate of participation will be provided to other health care professionals requesting credits. *Participants should ensure in advance that their credentialing or licensing organization accepts AMA PRA Category 1 Credits*[™].

Accreditation Statements

- Community Memorial Hospital is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.
- Community Memorial Hospital is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.